MARYLAND'S INNOVATIONS IN NUTRITION PROGRAMS AND SERVICES

ORGANIZATION:
Maryland Department on Aging

SUMMARY BRIEF

ABOUT US
- The Maryland Department of Aging helps establish Maryland as an attractive location for all older adults through vibrant communities and supportive services that offer the opportunity to live healthy and meaningful lives.

PROJECT PURPOSE
- To transform the Maryland Department of Aging’s Senior Nutrition Program using the epidemic of older adult malnutrition as the catalyst to introduce evidence based practices, cost-cutting measures, innovative meal products, and efficient service delivery methods to forge new health care linkages and expand service to older adults in the community.

PROJECT LENGTH
- Two years

KEY CHALLENGES OVERCOME
- Leveraging learnings from a state-based initiative to create a nationally replicable intervention for senior nutrition program providers;
- Sourcing medically tailored meal packages to support the needs of older adults during care transitions;
- Overseeing partnerships with both community-based and academic partners to support needed data collection and to inform replication tool development.

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