SUMMARY BRIEF

ABOUT US
• The University of Utah School of Medicine combines excellence in teaching, research, and clinical expertise to train tomorrow’s physicians for the rapidly changing world of medicine. With a faculty of more than 1,000 physicians and researchers and 22 clinical and basic science departments, the School of Medicine trains the majority of Utah physicians, and is widely recognized for interdisciplinary research in the genetics of disease, cancer, biomedical informatics, infectious diseases, and other areas of leading-edge medicine.

PROJECT PURPOSE
• To demonstrate an evidence-based relationship of targeted nutrition home visitation assessments and care planning on the health outcomes of recently discharged home delivered meal (HDM) recipients at malnutrition risk.

PROJECT LENGTH
• Two years

KEY CHALLENGES OVERCOME
• Recruitment of urban, rural, and frontier residing older adults;
• Building a malnutrition-focused care transition program.